

**Resource Directory of  
Services for Older Adults  
and Adults with  
Disabilities  
in Chesterfield County**

***Compiled by the  
Chesterfield Council on Aging  
2004 – 2005***

***Resource Directory of  
Services for Older Adults  
and Adults with  
Disabilities in  
Chesterfield County***

***Prepared and Published by:  
Chesterfield Council on Aging***

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# INTRODUCTION

How do I find out about my social security benefits and what is the phone number? How can I find out what services are available for my parents? What resources are available for caregivers? The answers to these and many other questions about resources and services for older and disabled adults can be found in this directory.

The Resource Directory of Services for Older Adults and Adults with Disabilities was prepared by the Chesterfield Council on Aging, (formerly known as the Chesterfield County Long Term Care Council) and is intended for a wide audience, including older and disabled adults, their families, caregivers, health professionals, providers of social services and others who have a special interest in the field of aging. The directory contains the names, addresses, telephone numbers (toll-free, whenever possible) and websites of organizations that offer health information, legal aid, educational opportunities, social services, consumer advice, or other assistance.

We have included public and not-for-profit agencies, professional societies, private groups and voluntary programs. These organizations deal primarily with older and disabled adults and their families. We have tried to include as many groups as possible. **Please keep in mind, that the Chesterfield Council on Aging does not recommend or endorse specific organizations.**

Following the introduction, local county agencies are listed and their services described. Other resources are arranged alphabetically by category in the table of contents.

Every effort has been made to include accurate information. Because this type of information is subject to change, we encourage you to update telephone numbers and addresses periodically.

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# **CHESTERFIELD COUNCIL ON AGING**

## **Background**

The Chesterfield County Board of Supervisors established a Long Term Care Coordinating Committee in 1983 in response to Senate Bill 219 passed by the Virginia General Assembly. The mission of the committee was to support the development of community based resources and to avoid the inappropriate institutionalization of impaired elderly and disabled adults. In 1987, this committee was expanded to encompass the Long-Term Care Council. Since that time the Council has been very active. It has received both State and National recognition. In August 2004, the Council changed its name to Chesterfield Council on Aging.

## ***THE MISSION STATEMENT***

***The Chesterfield Council on Aging seeks to enhance the quality of life for older adults and adults with disabilities through education, advocacy and community service.***



**Chesterfield-Colonial Heights  
Department of Social  
Services**

P.O. Box 430  
Chesterfield, VA 23832

Telephone: (804) 748-1100  
[www.chesterfield.gov](http://www.chesterfield.gov)

- **ADULT PROTECTIVE SERVICES**

Protective services are provided to aged, blind and disabled adults who are unable to protect themselves from neglect, abuse and exploitation. Protective services may include individual and family counseling, referral for legal representation or health care and arranging guardianship or other living situations.

- **COMPANION SERVICES**

Services include personal and housekeeping tasks for individuals who are unable to perform such tasks. Eligibility based on income.

- **FOOD STAMPS**

Financial assistance to qualified individuals, for the purchase of necessary food items.

- **FUEL ASSISTANCE**

Financial assistance may be offered to qualified individuals, for the purchase of necessary fuel during peak periods.

- **INFORMATION AND REFERRAL SERVICES**

Provides assistance answering questions and locating appropriate resources to meet individual needs of the adult population, including emergency needs.

- **PLACEMENT SERVICES**

Help in locating appropriate adult care residence, screening for placement in a Nursing Home or Personal Care, Adult Day Care, and Respite Care Services by way of the Medicaid Program.

- **TRANSPORTATION SERVICES**

With at least two weeks notice of need for transportation to medical appointments, transportation may be provided by agency.

**Chesterfield County Disability Services Board**

Telephone: (804) 751-4142

[Ukejen@chesterfield.gov](mailto:Ukejen@chesterfield.gov)

Serves people with physical and sensory disabilities in Chesterfield County.

The Extension Office offers an extensive list of publications as well as services that will help you make decisions to improve the quality of your life. Most information is free. Some workshops require a modest fee to attend.

### **Chesterfield Extension Services**

6807 Mimms Loop  
P.O. Box 146  
Chesterfield, VA 23832  
(804) 751-4401 phone  
(804) 751-0515 fax  
[www.chesterfield.gov](http://www.chesterfield.gov)

- Financial management counseling and information
- Food safety, food preservation, and food buying information
- Nutrition counseling and information
- Home and yard pest, plant disease identification; pesticide recommendation
- Recycling information
- Services/referrals for limited resource and bi-lingual populations
- 4-H youth development
- Volunteer opportunities

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### **Chesterfield Health Department**

P.O. Box 100  
9501 Lucy Corr Circle  
Chesterfield, VA 23832

Telephone: (804) 748-1975  
[www.chesterfield.gov](http://www.chesterfield.gov)

### **MEDICAID NURSING HOME PRE-SCREENING**

In cooperation with the Department of Social Services, people who are requesting nursing home placement and anticipate using Medicaid as a payment source are screened to determine the level of care needed. This screening is free of charge. Phone **(804) 748-1975**

### **• INFLUENZA AND PNEUMOCOCCAL IMMUNIZATION PROGRAM**

Annually, October through December, influenza (flu) and pneumococcal immunizations are available for senior citizens, aged 65 years and over, and to other individuals identified as being in a high-risk group. Pneumococcal immunizations are not indicated annually. These immunizations are offered at clinics located at the Health Department and other community sites. Fees vary according to the cost of the vaccine. Phone **(804) 748-1975**

- **COMMUNICABLE DISEASE PROGRAM**

Provides identification and investigation of outbreaks, routine immunizations and immunizations required for travel. Phone **(804) 748-1975**

- **COMMUNITY HEALTH INFORMATION**

Provides information and services to promote health in the community.  
Phone **(804) 748-1691**

- **ENVIRONMENTAL HEALTH**

Management of environmental complaints, well and septic system evaluations, public food establishment evaluations, consultation services and rabies control.  
Phone **(804) 748-1691**

- **VITAL STATISTICS**

Provides information and statistics on the community. Includes death certificates.  
Phone **(804) 748-1691**

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**Chesterfield Mental Health/  
Mental Retardation and  
Substance Abuse Services**

P.O. Box 92

6801 Lucy Corr Boulevard

Chesterfield, VA 23832

Telephone (804) 748-1227

Fax (804) 768-9283

TDD (804) 768-7200

Office hours: Monday thru Friday,  
8:30 A.M.-5:00 P.M.

**CRISIS PHONE # 748-6356**

[www.chesterfield.gov](http://www.chesterfield.gov)

**SERVICES FOR OLDER  
ADULTS**

- **OUTPATIENT MENTAL  
HEALTH COUNSELING**
  - **PSYCHIATRIC SERVICES**
  - **CRISIS INTERVENTION**
  - **HEALTHY AGING**
  - **WORKSHOPS & CLASSES**
  - **SPEAKERS BUREAU**
-

## **Chesterfield County Parks & Recreation Department**

P.O. Box 40

6801 Mimms Loop

Chesterfield, VA 23832

(804) 748-1623

TDD (804) 748-1127

[www.chesterfield.gov](http://www.chesterfield.gov)

Our Community Centers offer older adult programs 5 days a week.

Bensley Community Building  
2900 Drewrys Bluff Rd., Chester, VA  
(804) 275-5321

Ettrick Community Building  
20400 Laurel Rd., Ettrick, VA

## **Older Adult Programs**

The Chesterfield Parks and Recreation Dept. offers a wide variety of activities and programs, throughout the county, to suit your leisure interests. Older Adults are invited to participate and recreate.

Activities include:

- Art classes
- Craft programs
- Dance classes and evening dances
- Fitness and exercise
- Walking club
- Day trips
- Sports
- Special Interest programs
- Various Card Clubs
- Pot Lucks
- Special theatrical productions

## **Chesterfield County Public Library**

P. O. Box 297

9501 Lori Road

Chesterfield, VA 23832

Information Hours Line: 804-751-4955

[www.library.co.chesterfield.va.us](http://www.library.co.chesterfield.va.us)

The mission of the Chesterfield County Public Library is “to inspire, enlighten, entertain, and educate by bringing people and information services and resources together.” The Library provides programs and services to people of all ages and backgrounds.

**Bon Air Library** ----- 320-2461

9103 Rattlesnake Road Richmond, VA 23235

**Central Library** ----- 748-1774

9501 Lori Road Chesterfield, VA 23832

**Chester Library** ----- 706-1758

11800 Centre Street Chester, VA 23831

**Clover Hill Library** ----- 739-7335  
6701 Deer Run Drive Midlothian, VA 23112

**Enon Library**----- 530-3403  
1801 Enon Church Road Chester, VA 23836

**Ettrick-Matoaca Library** ----- 526-8087  
4501 River Road Ettrick, VA 23803

**LaPrade Library** ----- 276-7755  
9000 Hull St. Richmond, VA 23236

**Law Library**----- 751-4986  
9500 Courthouse Road, Chesterfield, VA 23832

**Meadowdale Library** ----- 743-4842  
4301 Meadowdale Blvd. Richmond, VA 23234

**Midlothian Library** ----- 794-7907  
521 Coalfield Road Midlothian, VA 23113

**Outreach Services** ----- 748-1768  
521 Coalfield Road Midlothian, VA 23113

*All Chesterfield County Libraries have resources for the disabled.*

The following is a list of programs and services created with our adult patrons in mind:

- **“Freedom and Democracy” Lectures**  
Freedom is vital to the American way of life. This lecture series features speakers who contemplate the many ideas and issues surrounding the protection of our freedom. Call 768-7941 for information about upcoming lectures and locations.
- **“Tuesday Night Westerns” at Meadowdale Library**  
In the fall and spring of each year, Meadowdale Library presents the “Tuesday Night Westerns” program series. Favorite cowboy films from the late ‘30’s, ‘40’s, and ‘50’s are shown, preceded by 15-minute chapters of a serial film. Stars of the films include Johnny Mack Brown, Gene Autry, Roy Rogers, and many more. The fun begins at 7:00 PM and ends around 8:45 PM. Call 743-4842 for more information.

- **“Get in the Know” at LaPrade Library**  
This monthly informative program encourages adults to learn more about their community. It is made possible by the cooperative efforts of the Chesterfield County Public Library, the Friends of the Library, and Chesterfield County Parks and Recreation. Call 276-7755 for more information.
- **“Celebrating Seniors” at Central Library**  
This monthly program engages speakers, performers, and storytellers selected especially for the education and enjoyment of the County’s senior population. The program series begins in September of each year and continues through the following May. Tea and refreshments are provided by the Friends of the Library. For more information, call 748-1773.
- **“The Art Show” at Chester Library**  
Chester Library features a monthly show displaying work of local artists. The public is invited to meet the featured artist at the opening reception held the first Saturday of the month (except July) from 3:30 PM to 5:30 PM. The opening reception is sponsored by the Chesterfield Center for the Arts at Chester Foundation. For more information, call 748-6314.
- **Book Discussion Groups**  
Book discussion groups are held at all library branches on a monthly or biweekly basis. Book selections include Great Books, current nonfiction, popular fiction, mysteries, and short stories. Call your local branch for more information.
- **Volunteer Opportunities**  
The Friends of the Library is a nonprofit organization whose purpose is to help the Library achieve its objectives. Participate in fund-raising projects, volunteer to help with hosting cultural events, special community programs and book talks, and advocate for the library at the legislative level. Call 748-1772 for more information about volunteering at the Library.
- **Homebound Library Service**  
The Outreach Services department provides Homebound Library Service for individuals that cannot get to the Library. If you are a resident of Chesterfield County, and unable to visit the Library because you are confined at home, we will bring library service to you. Library materials available to homebound customers include books, videos, audiocassettes, CDs, and DVDs. Books will be delivered to your home free of charge. To receive Homebound Library Service, please call Outreach Services at 748-1768, or email us at [booksathome@chesterfield.gov](mailto:booksathome@chesterfield.gov).

The Senior Advocate's Office was created to provide leadership and direction as Chesterfield County seeks to meet the needs of an increasingly older population. The Senior Advocate's Office offers information and referral, and promotes and coordinates services for:

**Senior Advocate  
Chesterfield County**

7000 Lucy Corr Boulevard  
P. O. Box 520  
Chesterfield, VA 23832  
Phone (804) 768-7878  
Fax (804) 748-7915  
[petersond@chesterfield.gov](mailto:petersond@chesterfield.gov)

- Older adults who want to remain active and independent, and be vital contributors to their communities through volunteer and employment opportunities.
- Older adults who may need assistance to remain as independent as possible.
- Caregivers to older adults, including those who may themselves be older and need assistance.

**Summary of Services:**

- Information about and referrals to services and resources relating to issues of aging and caregiving.
- Promotes and coordinates services and resources for older adults and their caregivers.
- Advocates and serves as a spokesperson for older adults and their caregivers at the local, state and national level.

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**LUCY CORR VILLAGE**

6800 Lucy Corr Blvd.  
P.O. Drawer 170  
Chesterfield, VA 23832

Telephone (804) 748-1511  
Fax (804) 796-6285

[www.lucycorrvillage.com](http://www.lucycorrvillage.com)

**Lucy Corr Village**

A non-profit long-term care/continuum care community delivering long term care services in the Chesterfield County, Tri-city and Richmond metropolitan areas since 1970. Lucy Corr Village is located at the Chesterfield County Government Complex and is governed by the Chesterfield County Health Center Commission.

Lucy Corr Village serves central Virginia as a teaching center for geriatric education for local nursing schools, community colleges, and VCU/MCV Schools of Medicine, Social Work and School of Allied Medical Professions. Courtyard residents and their families also enjoy the convenience of amenities including an on-site Health Care center, beauty shop, pharmacy, rehab center, computer lab, chapel, library and gift shop.

- **Health Care Center**

Health Care Center has 240-bed licensed beds for skilled and nursing care services. The Health Care Center is among the 10 per cent of long-term care facilities accredited by Joint Commission On Accreditation of Healthcare Organizations (JCAHO) for standards of excellence. Lucy Corr is dedicated to providing cost-effective, quality medical services including skilled nursing care, post acute medical and rehabilitative services in addition to long-term nursing care. Residents, families and staff benefit from the latest in geriatric medical research and development. Residents of the Health Care Center receive 24-hour support from licensed RNs, LPNs, and certified nursing assistants in state-of-the-art accommodations.

- **Rehabilitation Center**

The 16-bed skilled transitional rehabilitation center provides comprehensive geriatric rehabilitation and convalescent services. Full-time licensed professionals provide physical, occupational and speech therapy 6 days per week. Comprehensive discharge planning includes a home visit by the staff prior to discharge. The Center is spacious and complete with exercise equipment, assistive and adaptive devices, a hydrotherapy area, a large, fully equipped kitchen and living area for training in activities of daily living.

- **The Courtyard Assisted Living Center**

The Courtyard at Lucy Corr Village has 48 private resident apartments. Residents are encouraged to bring in their personal furnishings, lamps and bed linens. Rental furniture is available upon request. Courtyard residents enjoy common areas with a gracious living room, a fully equipped country kitchen, a resident lounge and entertainment room, an activities solarium, a beautifully appointed dining room, resident laundry facilities and an outdoor veranda overlooking the Courtyard gardens. The Courtyard provides three levels of assisted-care services – residential, moderate and intensive assisted care. In addition to personal care assistance, emergency call system and a full range of activities and social programs to meet residents' interests and abilities.

- **Adult Day Center**

The Adult Day Center at Lucy Corr Village is a community-based day program offering a stimulating, fun environment that encourages creativity, socialization, and continued learning. Adult Day Center services provide respite for families and caregivers. It offers an alternative to costly in-home and nursing-home services. Trained staff members, certified in CPR, as well as medication management, supervise all programs at the Center. The daily program fee includes nutritious morning and afternoon snacks, and lunch served in the beautiful Courtyard Dining Room. Hours of operation are Monday through Friday, from 7:15a.m. until 5:30p.m.

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**Senior Connections,  
The Capital Area Agency on Aging**

Main Office: 24 E. Cary Street  
Richmond, VA 23219

Telephone (804) 343-3000

Toll Free 1-800 989-2286

Office hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

[www.seniorconnections.va.org](http://www.seniorconnections.va.org)

**Senior Connections**

Chesterfield Office

Lucy Corr Village  
6800 Lucy Corr Boulevard  
P.O. Box 170  
Chesterfield, VA 23832  
(804) 748-1133

Senior Connections was established in 1973 and is part of a nationwide network of Area Agencies on Aging that provide information, advocacy and direct services to seniors and their families. Our goal is to serve as a primary resource in the community for seniors and caregivers who need assistance with planning for and making decisions later in life. Our programs and services help identify and locate the most appropriate solutions based on personal needs.

- **Meal Programs:** Friendship Cafes provide socialization and a nutritionally balanced noon time meal. Home Delivered Meals provide one hot meal, up to 5 days per week, to low income, homebound elderly who are unable to prepare their own meals and have no one available to assist them.
- **Short Term Home Care:** Personal care service assists an individual with their desire to continue to live at home during an interim period as plans are made for more permanent long term care arrangements.
- **Resource Coordination:** Assists seniors to locate, apply for, receive, and maintain needed community services. Services may be directly offered by Senior Connections or other human service agencies.
- **Senior Employment:** Offers two employment service programs for seniors interested in reentering the workforce. The Senior Community Service Employment Program provides part-time employment opportunities in community service work to assist economically disadvantaged seniors age 55 and older. The Job Referral File provides seniors age 60 and older, with a resource that will place job seekers in available positions.
- **Volunteer Money Management:** Volunteers provide budget set-up, check book balancing, and bill paying services for persons who remain in control of their finances, but need some help keeping things in order.

- **Long Term Care Ombudsman:** Ombudsman Volunteers visit with seniors living in long-term care facilities to ensure their satisfaction with the services and care provided by the facility where they reside.
- **Foster Grandparent Program:** Seniors, age 60 or older, who serve as mentors, tutors, and caregivers for children and youth with special needs. They work a minimum of 20 hours per week in designated volunteer agencies such as hospitals, schools, and juvenile centers.
- **Volunteer Opportunities:** The Volunteer Coordinator maintains an on-going system of volunteer opportunities available, which includes the Retired Senior Volunteer Program (RSVP), Senior Medicare Patrol, and Money Management.
- **Newsletter:** Mature Life, a bi-monthly newsletter, featuring news of interest to older adults such as professional advice, community activities, benefit updates, and health education.

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### SeniorNavigator

600 East Main Street  
Suite 360  
Richmond, VA, 23219  
Phone (804) 827-1280

[www.SeniorNavigator.com](http://www.SeniorNavigator.com)

SeniorNavigator is a non-profit organization that combines the Internet with a network of volunteers to provide information about health and aging resources for seniors, their family members and caregivers. The information focuses on senior related issues such as health and aging, financial concerns, legal questions, health care facilities, assisted living and independent housing, fitness programs, support groups and more.

The information is organized on the website and allows you to search using your ZIP code. Searching by ZIP code identifies the resources available in your community.

For those not having computer or Internet access, the Chesterfield County Library and all branch libraries offer free access and assistance with the website.

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## ADULT DAY CARE CENTERS

*These centers provide activities as well as nutritional programs to stimulate and maintain daily functioning. This allows families the freedom to work and/or provide respite for the caregiver. The centers are typically open Monday – Friday from 6 a.m. to 6 p.m.*

**Adult Care Services**----- 261-0205

8030 Staples Mill Road - Richmond, VA 23228

**Alternative Adult Services**----- 264-6450

2221-B East Parham Road - Richmond, VA 23228

**Circle Center Adult Day Services** ----- 355-5717

3900 West Broad Street, Bldg. 20 - Richmond, VA 23230

[www.circlecenteradulthood.org](http://www.circlecenteradulthood.org)

**Ginter Hall Assisted Living South** ----- 794-7770

11300 Mall Court - Richmond, VA 23235

[www.ginterhall.com](http://www.ginterhall.com)

**Ginter Hall West Adult Day Care** ----- 741-9494

12411 Gayton Road - Richmond, VA 23233

**Hanover Adult Center, Inc**----- 746-0743

P.O. Box 824, 7231 Stonewall Parkway - Mechanicsville, VA 23111

**Lucy Corr Village Adult Day Care** ----- 748-1511

P.O. Drawer 170, 6800 Lucy Corr Blvd. - Chesterfield, VA 28382

[www.lucycorrvillage.com](http://www.lucycorrvillage.com)

**Mary Carter Beacon House**----- 861-1890

142 East Wythe St. - Petersburg, VA 23804-0469

**Petersburg Adult Care Health Center** ----- 861-1353

130 McKeaver Street - Petersburg, VA 23803

**Richmond Community Senior Center & Adult Care, Inc.** ----- 329-7272

1 Brenton St. - Richmond, VA 23222

[www.rcscadulthoodcarecenter.com](http://www.rcscadulthoodcarecenter.com)

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## ADULT PROTECTIVE SERVICES/ELDER ABUSE

*These programs offer information, referral, and follow up to families or individuals who have or are believed to have experienced abuse of some form. Abuse may be physical, mental, financial, or neglect. If in doubt as to whether it is abuse, call and discuss it with an agency representative.*

**Chesterfield-Colonial Heights Department of Social Services** ---- 748-1100  
9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832

**Crater District Area Agency on Aging**----- 732-7020  
23 Seyler Drive - Petersburg, VA 23805  
[www.CDAAA.org](http://www.CDAAA.org)

**Office of the State Long Term Care Ombudsman** ----- 565-1600  
530 East Main St. Suite 800 - Richmond, VA 23219 ----- 1-800-552-3402  
[www.vaaaa.org/longterm.html](http://www.vaaaa.org/longterm.html)

**Senior Connections, The Capital Area Agency on Aging** ----- 343-3000  
24 E. Cary Street - Richmond, VA 23219 ----- 1-800-989-2286  
[www.seniorconnections.va.org](http://www.seniorconnections.va.org)

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## ADVOCACY RELATING TO OLDER OR DISABLED ADULTS

*This is a program to help you resolve concerns or complaints. Key areas monitored include residents living in nursing homes, adult care, and assisted living facilities. Technical information and advocacy on aging issues is provided in specific areas.*

**AARP State Office** ----- 819-1902  
707 East Main Street, Suite 910 - Richmond, VA 23219  
[www.aarp.org](http://www.aarp.org)

**Chesterfield County Senior Advocate**----- 768-7878  
P. O. Box 520 - Chesterfield, VA 23832  
[PetersonD@chesterfield.gov](mailto:PetersonD@chesterfield.gov)

**Crater District Area Agency on Aging**----- 732-7020  
23 Seyler Drive - Petersburg, VA 23805  
[www.CDAAA.org](http://www.CDAAA.org)

**Office of the State Long Term Care Ombudsman** ----- 565-1600  
530 East Main St. Suite 800 - Richmond, VA 23219 ----- 1-800-552-3402  
[www.vaaaa.org/longterm.html](http://www.vaaaa.org/longterm.html)

**Senior Connections, The Capital Area Agency on Aging** ----- 343-3000  
24 E. Cary Street - Richmond, VA 23219 ----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**Senior Medicare and Medicaid Patrol Project (Fraud)** ----- 644-2804  
Toll Free Number----- 1 (800) 938-8885

**Virginia Association of Area Agencies on Aging** ----- 644-2804  
530 East Main Street, Suite 800 - Richmond, VA 23219  
[www.vaaaa.org](http://www.vaaaa.org)

**Virginia Board for People with Disabilities**-----786-0016  
202 North 9<sup>th</sup> Street, 9<sup>th</sup> Floor - Richmond, VA 23219  
[www.vaboard.org](http://www.vaboard.org)

**Virginia Department for the Aging**----- 662-9333  
1600 Forest Ave. Suite 102 - Richmond, VA 23229  
[www.aging.state.va.us](http://www.aging.state.va.us)

**YWCA Women's Victim Advocacy Program**-----643-0888  
Six North 5th Street - Richmond, VA 23219

**Victims of Rape or Domestic Violence**  
**Chesterfield YWCA Hotline** ----- 796-3066  
[www.ywca.org](http://www.ywca.org)

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## ALZHEIMER'S DISEASE

*These agencies provide a variety of services to meet the needs of those with Alzheimer's Disease/dementia and their caregivers.*

**Alzheimer's Association, Greater Richmond Chapter** ----- 967-2580  
4600 Cox Road, Suite 130 - Glen Allen, VA 23060  
Helpline ----- 967-2589  
Toll Free ----- 1-800-598-4673  
Area Support Groups (call for extensive listing) ----- 967-2580  
[www.alz.org](http://www.alz.org)

**Alzheimer's Association, Petersburg Branch** ----- 518-1293  
P. O. Box 1808 – Petersburg, VA 23805

**Alzheimer's Support Group Information (Meeting locations)** --- 967-2580

*The Assisted Living facilities that offer Alzheimer's Care in the Chesterfield area are:*

**Bon Secours Retirement Community** ----- 748-7000  
6701 Ironbridge Parkway - Chester, VA 23831

**Dunlop House Assisted Living and Alzheimer's Care** ----- 520-0050  
235 Dunlop Farms Boulevard - Colonial Heights, VA 23834  
[www.dunlophouse.com](http://www.dunlophouse.com)

**Morningside at Bellgrade** ----- 379-2800  
2800 Polo Parkway - Midlothian, VA 23113 1 (888) 406-1576  
[www.morningsideassistedliving.com](http://www.morningsideassistedliving.com)

**Southerland Place** ----- 897-8884  
14016 Turnberry Lane – Midlothian, VA 23113  
[www.americanseniorliving.net](http://www.americanseniorliving.net)

**The Chesterfield at Brandermill Woods** ----- 379-7100  
2100 Brandermill Parkway - Midlothian, VA 23112  
[www.brandermillwoods.com](http://www.brandermillwoods.com)

*The Nursing Home facilities that offer Alzheimer's Care in the Chesterfield area are:*

**Colonial Heights Health Care Center** ----- 526-6851  
831 Ellerslie Avenue - Colonial Heights, VA 23834

**Hopewell Health Care Center** -----458-6325  
905 Cousins Avenue – Hopewell, VA 23860

**John Randolph Health Care Center** -----452-3600  
P. O. Box 1626, 409 West Randolph Road- Hopewell, VA 23860  
<http://johnrandolphmed.com>

**Lucy Corr Village Health Care Center**-----748-1511  
P. O. Drawer 170, 6800 Lucy Corr Blvd. - Chesterfield, VA 23832

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## AREA AGENCIES ON AGING

*These agencies provide a variety of services to meet the needs of older adults.*

**Crater District Area Agency on Aging**-----732-7020  
23 Seyler Drive - Petersburg, VA 23805  
[www.CDAAA.org](http://www.CDAAA.org)

**Senior Connections, The Capital Area Agency on Aging  
Chesterfield County Office**-----748-1133  
6800 Lucy Corr Court, P.O. Box 170 - Chesterfield, VA 23832  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**Senior Connections, The Capital Area Agency on Aging** -----343-3000  
Toll Free Number -----1-800-989-2286  
24 E. Cary Street - Richmond, VA 23219  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

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## ASSISTED LIVING

*These residential communities provide 24-hour care and supervision. They vary from fully independent to nursing support. The level of care varies widely, as does the cost.*

**Beaufont Towers** -----320-1412  
7015 Carnation Street - Richmond, VA 23225  
[www.beaufonttowers.com](http://www.beaufonttowers.com)

**Bon Secours Retirement Community** -----748-7000  
6701 Ironbridge Parkway - Chester, VA 23831

**Dunlop House Assisted Living**-----520-0050  
235 Dunlop Farms Boulevard - Colonial Heights, VA 23834

[www.dunlophouse.com](http://www.dunlophouse.com)

**Ginter Hall South Assisted Living** ----- 794-7770

11300 Mall Court - Richmond, VA 23235

[www.ginterhall.com](http://www.ginterhall.com)

**Hodges' Manor** ----- 745-6074

410 Adkins Road - Richmond, VA 23236

[www.tlchoices.com/hodgesmanor](http://www.tlchoices.com/hodgesmanor)

**Morningside at Bellgrade**----- 379-2800

2800 Polo Parkway - Midlothian, VA 23113

1 (888) 406-1576

[www.morningsideassistedliving.com](http://www.morningsideassistedliving.com)

**Southerland Place** ----- 897-8884

14016 Turnberry Lane – Midlothian, VA 23113

[www.americanseniorliving.net](http://www.americanseniorliving.net)

**The Chesterfield at Brandermill Woods** ----- 379-7100

2100 Brandermill Parkway - Midlothian, VA 23112

[www.brandermillwoods.com](http://www.brandermillwoods.com)

**The Courtyard at Lucy Corr Village**-----748-1511

P O. Drawer 170, 6800 Lucy Corr Blvd. - Chesterfield, VA 23832

**Totty Metro**----- 526-6921

3500 Totty Street - Ettrick, VA 23803

[Metrogardens@yahoo.com](mailto:Metrogardens@yahoo.com)

**SEE YELLOW PAGES: RETIREMENT AND ASSISTED LIVING COMMUNITIES**

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## **BEREAVEMENT SUPPORT GROUPS/WIDOWED GROUPS**

*These agencies and support groups provide a variety of services and support for those that have lost a loved one. Please note all Hospice organizations have bereavement support services for their client's families.*



**Compassionate Friends -----254-0588**

**Depression Support Group - Tucker's Pavilion -----323-8695**

7101 Jahnke Road - Richmond, VA 23225

**Widowed Support Group – Woody Funeral Home-----288-3013**

1771 Parham Road - Richmond, VA 23229

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## **CARE MANAGEMENT SERVICES**

*These are private companies and non-profit organizations that offer a wide variety of coordination and referral services to families coping with the care of a relative or disable adult.*

**Life Solutions-----794-9599**

1233 Mall Drive - Richmond, VA 23235

**Mature Options -----282-0753**

10124 W. Broad Street, Glen Allen, VA 23060

**Senior Advocacy Management -----355-0966**

**Senior Connections, The Capital Area Agency on Aging -----343-3000**

Toll Free Number -----1-800-989-2286

24 E. Cary Street - Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

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## **CLOTHING AND THRIFT STORES**

*Clothing and general household goods are offered at reduced prices. Some require a screening process to determine need. Some clothing is preowned.*

**Adaptive Equipment-----521-4916**

**Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)**

P.O. Box 341 - Chester, VA 23831 -----796-2749

**Goodwill Industries, Inc.**----- 745-6300  
6301 Midlothian Turnpike - Richmond, VA 23225  
[www.goodwillrichmond.org](http://www.goodwillrichmond.org)

**Goodwill Pickwick Plaza**----- 520-7122  
24 Pickwick - Colonial Heights, VA 23834

**Goodwill Southside Plaza** -----230-4935  
4646 Southside Plaza - Richmond, VA 23234

**Salvage Barn** ----- 231-1187  
5240 Hull Street Road - Richmond, VA 23224

**Salvation Army**  
415 Boulevard - Colonial Heights, VA 23834----- 526-8558  
10364 Midlothian Turnpike - Richmond, VA 23235 ----- 330-9076

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## COUNSELING SERVICES

*These agencies are focused on offering services surrounding mental health issues. They are available to individuals or their caregivers. Fees are collected; insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term solution agencies.*

**Adult Protective Services Chesterfield Dept. of Social Services**-- 748-1100  
P.O. Box 430, 9501 Lucy Corr Circle - Chesterfield, VA 23832  
[www.chesterfield.gov/humanservices/socialservices/default.asp](http://www.chesterfield.gov/humanservices/socialservices/default.asp)

**Alcoholics Anonymous, Richmond Intergroup, Inc.**----- 355-1212  
**Alcoholics Anonymous, ALAnon/ALAten**----- 353-4885  
3600 West Broad Street Suite 684 - Richmond, VA 23230-4916  
[www.aa.org](http://www.aa.org)

**Chapman Senior Care**----- 741-7500  
1403 Pemberton Road, Suite 306 - Richmond, VA 23233  
**Chesterfield Dept. of Mental Health & Mental Retardation**----- 748-1227  
6801 Lucy Corr Blvd. - Chesterfield, VA 23832 ----- TDD 768-7200

**Crisis Intervention** ----- 748-6356  
[www.chesterfield.gov](http://www.chesterfield.gov)

**Life Solutions** ----- 794-9599  
1233 Mall Drive - Richmond, VA 23235

**Resources for Independent Living** ----- 353-6503  
4009 Fitzhugh Ave., Suite 100 - Richmond, VA 23230

- **Chesterfield Office** ----- 743-3798  
6603-B Irongate Square - Richmond, VA 23234
- **Petersburg Office** 1845-A Fort Mahone Rd ----- 862-9338  
Petersburg, VA 23805

**Women's Victim Advocacy Program (YWCA)** ----- 796-3066  
P. O. Box 1028 - Chester, VA 23831  
[www.ywcarichmond.org](http://www.ywcarichmond.org)

*See "Counselors" in Yellow Pages for Other Listings*

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## CRIME PREVENTION/CONSUMER PROTECTION

*These agencies offer help in protecting yourself from being a victim of a crime. They also will provide information regarding businesses you may consider using. They also can help you with settlement if a company does not honor its agreement.*

**Agriculture and Consumer Services** ----- 786-2042  
P.O. Box 163 - Richmond, VA 23218  
[www.dacs.state.va.us](http://www.dacs.state.va.us)

**Better Business Bureau** ----- 648-0016  
701 East Franklin Street - Richmond, VA 23219  
[www.richmond.bbb.org](http://www.richmond.bbb.org)

**Better Business Bureau Eldercare Fraud** ----- 780-2222

**Chesterfield Extension Service Consumer Credit Counseling** ----- 751-4401  
6807 Mimms Loop - Chesterfield, VA 23832

[www.co.chesterfield.va.us/extension](http://www.co.chesterfield.va.us/extension)

**Chesterfield Police Department Non-Emergency**-----748-1251

P.O. Box 140 - Chesterfield, VA 23832

[www.chesterfield.gov](http://www.chesterfield.gov)

**Chesterfield Police Department** ----- 748-1266

Crime Prevention ----- 674-7006 ext 112

2730 Hicks Road - Richmond, VA 23235

Community Support offers classes in home safety, self-defense, and prevention of vandalism.

[www.chesterfield.gov](http://www.chesterfield.gov)

**Chesterfield TRIAD** ----- 717-6266

P.O. Box 7 - Chesterfield, VA 23832

[www.vaag.com/protecting/TRIAD](http://www.vaag.com/protecting/TRIAD)

**Consumer Affairs/Citizens Assistance** ----- 786-2042

P.O. Box 163 - Richmond, VA 23218

**Consumer Complaints on Public Entities** ----- 1-800-552-7945

**Bureau of Insurance** P.O. 1157 - Richmond, VA 23218

[www.state.va.us\scc](http://www.state.va.us\scc)

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## CRISIS INTERVENTION

*These agencies are focused on emergency interventions and offer services surrounding mental health issues. They are available to individuals or their caregivers. Fees are collected; insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term solution agencies.*

**Adult Protective Services Chesterfield Dept. of Social Services** -- 748-1100

P.O. Box 430, 9501 Lucy Corr Circle - Chesterfield, VA 23832

[www.chesterfield.gov/humanservices/socialservices/default.asp](http://www.chesterfield.gov/humanservices/socialservices/default.asp)

**Alcoholics Anonymous, Richmond Intergroup, Inc.** ----- 355-1212

**Alcoholics Anonymous, AlAnon/AlAteen** ----- 353-4885

3600 West Broad Street Suite 684 - Richmond, VA 23230-4916

[www.aa.org](http://www.aa.org)

**Chesterfield Dept. of Mental Health & Mental Retardation** ----- 748-1227

6801 Lucy Corr Blvd. - Chesterfield, VA 23832 ----- TDD 768-7200

**Crisis Intervention** ----- 748-6356

[www.co.chesterfield.va.us.gov](http://www.co.chesterfield.va.us.gov)

**Women's Victim Advocacy Program (YWCA)** ----- 796-3066

P. O. Box 1028 - Chester, VA 23831

[www.ywcarichmond.org](http://www.ywcarichmond.org)

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## DENTAL SERVICES

*These programs offer information and services to meet your dental needs. Some clinics offer services at a reduced rate and may require a screening to qualify.*

**Cross-Over Clinic** ----- 233-5016

108 Cowardin Avenue - Richmond, VA 23224

**Donated Dental Services** ----- 264-9010

**Lucy Corr Dental Clinic** - opening soon ----- 748-1511

6800 Lucy Corr Boulevard - Chesterfield, VA 23832

**MCV Dental Clinic** ----- 828-9190

520 N 12<sup>th</sup> Street - Richmond, VA 23298

**Virginia Dental Association - Denture Help Program** ----- 261-1610

7525 Staples Mill Road - Richmond, VA 23228 (*special criteria to qualify*)

[www.vadental.org](http://www.vadental.org)

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## DISABLED SERVICES

*These programs offer services varying from adaptive devices, hearing aides, meal deliveries and other services available to disabled adults.*

**Disability Services Board**-----748-1307

P.O. Box 40, Chesterfield, VA 23832

ukejen@chesterfield.gov

**Department of Rehabilitative Services Chesterfield Office** ----- 674-2369

Rockwood Office Park Suite A, 9503 Hull St. Road - Richmond, VA 23236-1420

[www.vadrs.org](http://www.vadrs.org)

**Greater Richmond Chapter of the American Red Cross** ----- 780-2250

P.O. Box 655 - Richmond, VA 23205

[www.redcross.org/va/Richmond](http://www.redcross.org/va/Richmond)

**Johnston-Willis Hospital Disabled Driving Instructions**----- 330-2145

1401 Johnston Willis Drive, Richmond, VA 23235

**Meals on Wheels of Greater Richmond**-----673-5035

1600 Willow Lawn Drive - Richmond, VA 23230

[www.mowdelivers.com](http://www.mowdelivers.com)

**Resources for Independent Living** ----- 353-6503

4009 Fitzhugh Ave., Suite 100 - Richmond, VA 23230

- **Chesterfield Office** ----- 743-3798

6603-B Irongate Square - Richmond, VA 23234

- **Petersburg Office** 1845-A Fort Mahone Rd - Petersburg, VA 23805 --- 862-9338

**United Way of Greater Richmond**----- 771-5820

224 E. Broad Street - Richmond, VA 23219

Information & Referrals ----- 275-2000

Petersburg Office ----- 861-9330

[www.yourunitedway.org](http://www.yourunitedway.org)

**Virginia Department for the Deaf and Hard of Hearing**-----662-9502

1602 Rolling Hills Dr., Suite 203 - Richmond, VA 23229---TDD/1-800-552-7917

[www.vddhh.org](http://www.vddhh.org)

*All Chesterfield County Libraries have resources for the disabled.*

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## EDUCATION

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*These programs are designed to expand your knowledge and help develop new skills.*

**AARP 55 Alive Driving Improvement** ----- 346-4125

**Chesterfield County School Board – Adult Education** ----- 748-1405

**Elderhostel** ----- 828-1525

Hosted by The Virginia Center on Aging, Virginia Commonwealth University  
520 N. 12th Street, Room B25, PO Box 980229 -Richmond, VA 23298-0229  
<http://www.elderhostel.org/about/default.asp>

**GrandDriver** ----- 1-800-552-3402  
[www.GrandDriver.net](http://www.GrandDriver.net)

**Johnston -Willis Driver Evaluation Program** ----- 330-2068

**J. Sargeant Reynolds Community College**----- 371-3000

1651 East Parham Road - Richmond, VA 23228----- 371-3368

700 East Jackson Street - Richmond, VA 23219 ----- 786-5455

1851 Dickinson Road - Goochland VA 23063 ----- 662-6400

[www.reynolds.edu](http://www.reynolds.edu)

**John Tyler Community College (Chester Campus)**----- 796-4000

13101 Jefferson Davis Highway - Chester, VA 23831

[www.jt.cc.va.us](http://www.jt.cc.va.us)

**John Tyler Community College (Midlothian Campus)** ----- 594-1400

740 Gardiner Court - Midlothian, VA 23113

**Lifelong Learning Institute of Chesterfield**----- 521-8282

14311 Brandermill Woods Trail - Midlothian, VA 23112

[www.brandermillwoods.com](http://www.brandermillwoods.com)

**Randolph Macon College**----- 752-7500

P. O. Box 5005 - Ashland, VA 23005

[www.rmc.edu](http://www.rmc.edu)

**The Shepherd’s Center of Chesterfield**----- 706-6689

Chester Presbyterian Church 3424 West Hundred Road - Chester, VA 23831  
[www.shepctrchesterfield.org](http://www.shepctrchesterfield.org)

**University of Richmond**-----289-8000  
Department of Continuing Education-----289-8133  
28 West Hampton Way - Richmond, VA 23173

**Virginia Center on Aging Virginia Commonwealth University** 828-1525  
P. O. Box 980229 - Richmond, VA 23298-0229  
<http://views.vcu.edu/vcoa>

**Virginia State University** -----524-5000  
Department of Continuing Education -----524-5377  
One Hayden Drive - Petersburg, VA 23806

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## EMPLOYMENT

*These agencies offer information on possible job/volunteer opportunities for older adults.*

**Capital Area Training Consortium**-----271-8510  
7321 Whitepine Road - Richmond, VA 23237  
[www.co.henrico.va.us.org](http://www.co.henrico.va.us.org)

**Equal Employment Opportunity Commission**-----771-2200  
830 E. Main St. Suite 600 - Richmond, VA 23219  
[www.eeoc.gov](http://www.eeoc.gov)

**Senior Community Service-AARP Employment Program**-----355-3600  
1806 Chantilly Street, Suite 100 - Richmond, VA 23230  
[www.aarp.org/scsep](http://www.aarp.org/scsep)

**Senior Connections, The Capital Area Agency On Aging** -----343-3000  
24 E. Cary Street - Richmond, VA 23219 -----1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**Urban League of Greater Richmond**-----649-8407



511 W. Grace Street - Richmond, VA 23220

[www.ulgr.org](http://www.ulgr.org)

**Virginia Employment Commission**-----236-3500

3751 Nine Mile Road, Suite A - Richmond, VA 23223

[www.vec.state.va.us.gov](http://www.vec.state.va.us.gov)

## FINANCIAL ASSISTANCE AND PLANNING

*These agencies offer counsel and advice as well as opportunities to purchase services. The service can range from purchasing insurance policies to having funds managed. Some programs require a screening process to determine need. Some offer assistance with managing personal finances and paying bills.*

**ATLFA (Assistive Technology Loan Fund Authority)**-----662-9000

[www.atlfa.org](http://www.atlfa.org)

**Chesterfield-Colonial Heights Dept. of Social Services**-----748-1100

9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832

[www.chesterfield.gov/humanservices/socialservices/default.asp](http://www.chesterfield.gov/humanservices/socialservices/default.asp)

**Comprehensive Financial Investment Advisors** -----285-7010

6243 River Road, Suite 7 - Richmond, VA 23229

**Consumer Credit Counseling Service**-----379-4505

1403 Huguenot Road, Suite 102 - Midlothian, VA 23113

[www.repaydebt.org](http://www.repaydebt.org)

**Senior Connections, The Capital Area Agency on Aging** -----343-3000

Toll Free Number -----1-800-989-2286

24 E. Cary Street - Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**Social Security Offices**-----1-800-772-1213

13564 Waterford Place - Midlothian, VA 23112 -----744-0227

105 Holly Hill Drive, P.O. Box 911 - Petersburg, VA 23805 -----862-6080

[www.ssa.gov](http://www.ssa.gov)

**Virginia Department of Veterans Affairs** -----786-2261

807 East Broad Street - Richmond, VA 23804

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## FITNESS/EXERCISE/RECREATION

*These are facilities and or groups that provide opportunities for fitness activity, exercise, or recreation.*

**Chesterfield County Parks & Recreation Department**----- 748-1623  
6801 Wagners Way, P.O. Box 40 - Chesterfield, VA 23832--- TDD 748-1127

**Senior Center of Richmond at Chesterfield** ----- 594-2339  
1807 Huguenot Road - Midlothian, VA 23113

**The Shepherd's Center of Chesterfield**-----706-6689  
Chester Presbyterian Church, 3424 West Hundred Road - Chester, VA 23831  
[www.shepctrchesterfield.org](http://www.shepctrchesterfield.org)

### YMCA

Chester ----- 748-9622  
Manchester ----- 276-9622  
Midlothian ----- 379-5668

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## FOOD AND NUTRITION SERVICES

*Home delivered meal programs can meet a variety of dietary and nutritional needs for the homebound elderly who are unable to prepare their own meals and have no one available to assist them. Some agencies provide food assistance to needy individuals or families and a screening criterion must be met to be eligible. Other programs offer meals (mainly lunch) at designated locations in the community. The goal of these programs is to provide a nutritious meal as well as opportunities for socialization.*

**Chesterfield-Colonial Heights Dept. of Social Services**----- 748-1100  
9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832  
[www.chesterfield.gov/humanservices/socialservices/default.asp](http://www.chesterfield.gov/humanservices/socialservices/default.asp)  
**Chesterfield Colonial Heights Alliance for Social Ministry** ----- 796-2749

(CCHASM) P.O. Box 1741- Chesterfield, VA 23832

**Crater District Area Agency on Aging**----- 732-7020  
23 Seyler Drive - Petersburg, VA 23805  
[www.CDAAA.org](http://www.CDAAA.org)

**Meals on Wheels of Greater Richmond**-----673-5035  
1600 Willow Lawn Drive - Richmond, VA 23230  
[www.mowdelivers.com](http://www.mowdelivers.com)

**Salvation Army** ----- 225-7470  
2 West Grace Street - Richmond, VA 23220  
[www.salvationarmy.org](http://www.salvationarmy.org)

**Senior Connections, The Capital Area Agency on Aging** ----- 343-3000  
24 E. Cary Street - Richmond, VA 23219----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**United Way M.A.R.C.H.**----- 275-2000  
*Metropolitan Area Resource Clearing House – an emergency food pantry organized through area churches.*  
224 East Broad Street - Richmond, VA 23241  
[www.yourunitedway.org](http://www.yourunitedway.org)

**Virginia Tech Extension Service - Chesterfield**----- 751-4401  
P.O. Box 146, Route 10 and Wagner Way - Chesterfield, VA 23832  
[www.chesterfield.gov/extension](http://www.chesterfield.gov/extension)

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## FRIENDLY VISITING

*Volunteers visit older adults to provide friendship and help reduce the risk of isolation. The effects of the volunteer can contribute to maintaining and enhancing the physical and emotional health of the older adult.*

**Friendly Visitor Program**----- 796-3715  
Chesterfield-Colonial Heights Alliance for Social Ministry  
P. O. Box 1741 – Chester, VA 23831

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## FUEL ASSISTANCE

*These programs provide financial assistance to qualified recipients. Funds are limited and only available to pay for fuel expenses*

**Chesterfield/Colonial Heights Dept. of Social Services**----- 748-1100  
P.O. Box 430, 9501 Lucy Corr Circle - Chesterfield, VA 23832  
[www.chesterfield.gov/humanservices/socialservices/default.asp](http://www.chesterfield.gov/humanservices/socialservices/default.asp)

**Salvation Army** ----- 225-7470  
2 West Grace Street - Richmond, VA 23220  
[www.salvationarmy.org](http://www.salvationarmy.org)

## GERIATRICIANS

*These doctors are physicians who specialize in providing medical advice and treatment of older adults. They have received more advanced training in the treatment and diagnosis of diseases relating to aging adults.*

**George R. Brengel, MD** ----- 560-8838  
9210 Forest Hill Avenue, Suite 3-B - Richmond, VA 23235

**Stanley R. Furman, MD** ----- 673-2829  
5855 Bremo Road, Suite 102 - Richmond, VA 23226

**Kishor Dabhi, MD** ----- 526-5850  
3628 Boulevard – Colonial Heights, VA 23834

**Angela Gentili, MD** ----- 675-5181  
1201 Broad Rock Boulevard - Richmond, VA 23249 (McGuire VA Medical Center)

**Michael Godschalk, MD** ----- 675-5181  
1201 Broad Rock Boulevard - Richmond, VA 23249 (McGuire VA Medical Center)

**Joseph James, MD**----- 320-1333  
1441 Johnston Willis Drive - Richmond, VA 23235

**Karol Mansilla, MD** ----- 320-0800  
235 Wadsworth Drive - Richmond, VA 23236

**Cynthia McMurtry, MD** ----- 675-5000 ext 4739  
1201 Broad Rock Boulevard - Richmond, VA 23249 (McGuire VA Medical Center)

**Thomas Mulligan, MD** ----- 675-5181  
1201 Broad Rock Boulevard - Richmond, VA 23249 (McGuire VA Medical Center)

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## GRANDPARENTS

*Senior Connections offers 3 different opportunities for grandparents or seniors to volunteer their services:*

- *Protect and Respect – School Mentoring Program*
- *Foster Grandparents*
- *Kinship Coalition – Grandparents Support Group*

**Senior Connections, The Capital Area Agency on Aging** ----- 343-3000  
24 E. Cary Street - Richmond, VA 23219----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

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## HEALTH ORGANIZATIONS

*Each organization offers educational information, support groups and guidance pertaining to their specific disease. Many health organizations offer speakers for interested groups or clubs.*

**Alzheimer's Association Greater Richmond Chapter** ----- 967-2580  
4600 Cox Rd, Suite 130 - Glen Allen, VA 23060  
[www.richmondalzheimers.org](http://www.richmondalzheimers.org)

**American Cancer Society**----- 1-800-227-2345  
4240 Park Place Court - Glen Allen, VA 23060 ----- 527-3710  
[www.cancer.org](http://www.cancer.org)

**American Heart Association** ----- 747-8334  
4217 Park Place Court - Glen Allen, VA 23060----- 1-800-242-8721  
[www.americanheart.org](http://www.americanheart.org)

**American Lung Association of Virginia**----- 267-1900  
9221 Forest Hill Ave - Richmond, VA 23235  
[www.lungusa.org/virginia](http://www.lungusa.org/virginia)

**Arthritis Foundation-VA Chapter**-----1-800-456-4687  
3805 Cutshaw Avenue, Suite 200 - Richmond, VA 23230  
[www.arthritis.org](http://www.arthritis.org)

**Cancer Hotline**----- 1-800-422-6237

**Multiple Sclerosis Society**----- 353-5008  
2104 W. Laburnum Ave. - Richmond, VA 23227 ----- 1-800-FIGHT-MS  
[www.nmss.org](http://www.nmss.org)

**Parkinson's Disease Support Group** ----- 355-5717  
Circle Center Adult Day Services  
3900 W. Broad Street, Bldg. 20 - Richmond, VA 23230  
[www.circlecenteradultday.org](http://www.circlecenteradultday.org)

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## HEARING SERVICES

*These programs offer information and resources to help you deal effectively with hearing issues. In some cases assistive devices may be provided.*

**Catholic Charities** ----- 285-5900  
1512 Willow Lawn Drive, P.O. Box 6565 - Richmond, VA 23230-- 285-9632

**Deaf and Hard of Hearing Community Counseling Service** ----- 762-9671  
8917 Fargo - Richmond, VA 23229 ----- TDD 346-3043

**Deaf Voice Dept. for Deaf and Hard of Hearing**----- TDD 1-800-552-7917  
[www.vddhh.org](http://www.vddhh.org)

**Disability Rights Voice** ----- 1-800-552-3962

**Johnston -Willis Hospital Occupational Therapy ----- 330-2147**  
[www.johnstonwillismed.com](http://www.johnstonwillismed.com)

**Virginia Department for the Deaf and Hard of Hearing----- 662-9502**  
1602 Rolling Hills Dr. Suite 203 - Richmond, VA 23229 ---- 1-800-552-7917  
[www.vddhh.org](http://www.vddhh.org)

**Virginia Dept. of Rights for Virginians with Disabilities -- 1-800-552-3962**  
202 North 9<sup>th</sup> St Office Bldg 9<sup>th</sup> Flr - Richmond, VA 23219 -- TTD 225-2042  
[www.vopa.state.va.us](http://www.vopa.state.va.us)

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## HOME HEALTH CARE

*These agencies provide a range of home based care services from companion care to skilled nursing care. Many of these services support your ability to remain in your home by performing household chores and assisting with the activities of daily living (ADLs). Fees are typically charged, however some may accept Medicare or Medicaid. Asking for references is suggested.*

**Care Advantage Tri Cities ----- 520-5454**  
798 Southpark Boulevard, Park South #14 - Colonial Heights, VA 23834

- Corporate----- 323-9464
- Colonial Heights ----- 520-5454
- Richmond ----- 285-1212
- East End----- 737-7733
- South Hill ----- 447-6777
- Clarksville ----- 374-2566

**CareMed Chesterfield----- 674-1193**

**CareMed Richmond ----- 282-3791**  
9840 Midlothian Turnpike – Richmond, VA 23225 ----- 327-9712

**Caring Companions ----- 594-3816**  
6966 Forest Hill Avenue, Suite B - Richmond, VA 23225  
[www.caring-companions.net](http://www.caring-companions.net)

**Chesterfield-Colonial Heights Department of Social Services** ----748-1100  
P.O. Box 430, 9501 Lucy Corr Circle - Chesterfield, VA 23832

**Family Lifeline**-----282-4255  
1518 Willow Lawn Drive - Richmond, VA 23220  
[www.family-lifeline.org](http://www.family-lifeline.org)

**Freedom Home Health** ----- 1-800-313-4353  
Chesterfield/Tri Cities ----- 674-4181  
Henrico----- 281-5613  
Amelia, Powhatan, Nottoway, Lunenburg, Prince Edward----- 561-1950

**Home Care Connection** ----- 1-888-540-7306  
Dinwiddie Location ----- 863-2442  
Mechanicsville Location----- 730-4223  
Midlothian Location----- 379-9314  
[www.homecareconnection.com](http://www.homecareconnection.com)

**Instructive Visiting Nurse Association (IVNA)** ----- 355-7100  
5008 Monument Avenue - Richmond, VA 23230  
[www.ivna.org](http://www.ivna.org)

**Jewish Family Services**-----282-5644  
6718 Patterson Avenue - Richmond, VA 23226  
[www.jfsrichmond.org](http://www.jfsrichmond.org)

**Medicaid Personal Care Agencies** These agencies utilize Medicaid funding to provide services in your home. Typically the services are related to health needs.  
**Call Health Department for Current Listing** ----- 748-1975

**Senior Connections, The Capital Area Agency on Aging** ----- 343-3000  
24 E. Cary Street - Richmond, VA 23219----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)



## HOSPICE CARE

*These programs focus on support to the entire family system. This includes personalized care for the loved one. This care ranges from counseling to nursing services. For the family they provide services that range from grief counseling to management of day-to-day activities. These services can be provided in the home or in a nursing or convalescent center. Funding is typically covered by insurance and/or Medicare or Medicaid.*

**Bon Secours Hospice (Home Services)**----- 627-5360  
8580 Magellan Parkway - Richmond, VA 23227  
[www.bonsecours.com](http://www.bonsecours.com)

**Hospice of Central Virginia** ----- 281-0451  
7231 Forest Ave. Suite100 - Richmond, VA 23226  
[www.americanhospice.com](http://www.americanhospice.com)

**Crater Community Hospice**----- 526-4300  
840 W. Roslyn Road, Suite E - Colonial Heights, VA 23834  
[www.cratercommunityhospice.org](http://www.cratercommunityhospice.org)

**Hawthorne – The Cancer Resource Center**----- 330-2300  
1459 Johnston-Willis Drive – Richmond, VA 23235  
[www.TheHawthorne.org](http://www.TheHawthorne.org)

**Heartland Hospice** ----- 273-6060  
3212 Skipwith Road, Suite 110 - Richmond, VA 23294

**Hunter Holmes McGuire VA Medical Center Hospice** ----- 675-5385  
1201 Broad Rock Road – Richmond, VA 23249

**Thomas Palliative Care - Massey Cancer Center at MCV** ----- 828-0450

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## HOSPITALS

*These hospitals offer a wide variety of inpatient and outpatient services. Some may have branch offices providing services such as dialysis, emergency care and specialty service. Some hospitals may have their own skilled care units.*

**Bon Secours Hospitals Richmond Community Hospital**----- 225-1700  
1500 North 28<sup>th</sup> Street - Richmond, VA 23223  
[www.bonsecours.com](http://www.bonsecours.com)

**Bon Secours Memorial Regional Medical Center** ----- 764-6000  
8260 Atlee Road - Richmond, VA 23116  
[www.bonsecours.com](http://www.bonsecours.com)

**CJW Medical Center**

- Chippenham Location: 7101 Jahnke Road - Richmond, VA 23225 ---320-3911
  - Johnston Willis Location: 1401 Johnston Willis Drive, Richmond, VA 23235  
-----330-2000
- [www.cjwmedical.com](http://www.cjwmedical.com)

**Henrico Doctor's Hospital**----- 289-4500  
1602 Skipwith Road - Richmond, VA 23229  
[www.henricodoctors.com](http://www.henricodoctors.com)

**Henrico Doctor's Hospital - Parham Campus** ----- 747-5600  
7700 East Parham Road - Richmond, VA 23294

**John Randolph Medical Center**----- 541-1600  
411 West Randolph Road - Hopewell, VA 23860  
[www.johnrandolphmedicalcenter.com](http://www.johnrandolphmedicalcenter.com)

**Medical College of Virginia (MCV)** ----- 828-9000  
1250 E Marshall - Richmond, VA 23219  
[www.vcu.edu](http://www.vcu.edu)

**Retreat Hospital** ----- 254-5100  
2621 Grove Avenue - Richmond, VA 23220  
[www.retreathospital.com](http://www.retreathospital.com)

**Richmond Eye and Ear Hospital**----- 775-4500  
8700 Stony Point Parkway - Richmond, VA 23235

[www.richmondeyeandear.com](http://www.richmondeyeandear.com)

**St. Francis --- Opening Fall 2005 -----** 594-7400  
13701 Center Point Parkway - Midlothian, VA 23114

**St. Mary's Hospital -----** 285-2011  
5801 Bremo Road - Richmond, VA 23226

**Sheltering Arms Hospital-----** 342-4100  
8254 Atlee Road - Mechanicsville, VA 23116  
[www.shelteringarms.com](http://www.shelteringarms.com)

**Southside Regional Medical Center -----** (Chester) 748-0074  
801 South Adams Street - Petersburg, VA 23803----- (Petersburg) 862-5000  
[www.srmconline.com](http://www.srmconline.com)

**Veterans Administration McGuire Hospital -----** 675-5000  
1201 Broadrock Boulevard - Richmond, VA 23249  
[www.opm.gov](http://www.opm.gov)

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## HOUSING ASSISTANCE

*These programs offer you a variety of housing options with some providing short-term emergency housing. Some can provide information regarding long term housing options.*

**American Red Cross (Disaster Victims) -----** 780-2250  
420 East Cary Street - Richmond, VA 23219  
[www.redcross.org-va-richmond](http://www.redcross.org-va-richmond)

**Community Development Block Grant Office -----** 768-8707  
10100 Iron Bridge Road, Suite 110 P.O. Box 40 – Chesterfield, VA 23832

**ElderHomes -----** 233-2827  
88 Carnation Street - Richmond, VA 23225 ----- 1-800-989-6686  
[www.conservationstrategies.com](http://www.conservationstrategies.com)

**HOME (Housing Opportunities Made Equal) -----** 354-0641  
2201 West Broad Street, Suite 200 - Richmond, VA 23220

[www.phonehome.org](http://www.phonehome.org)

**Urban League of Greater Richmond**----- 649-8407

511 W. Grace Street - Richmond, VA 23220

[www.urbanleaguerichmond.org](http://www.urbanleaguerichmond.org)

**United Way (shelter referrals)**----- 771-5820

224 East Broad St. Richmond, VA 23219

[www.yourunitedway.org](http://www.yourunitedway.org)

**Virginia Adult Home Association**----- 355-2684

1004 North Thompson St. Suite 305 - Richmond, VA 23230-- 757-538-9601

[www.vaha.org](http://www.vaha.org)

**Women's Victim Advocacy Program (YWCA)** ----- 796-3066

P. O. Box 1028 - Chester, VA 23831

[www.ywcarichmond.org](http://www.ywcarichmond.org)

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## INDEPENDENT LIVING/HOUSING

*This type of housing for senior adults typically provides maintenance free apartments. They do not, however, provide nursing care services.*

**Braxton**----- 275-2689

5700 A Hopkins Road - Richmond, VA 23234

[www.wscarnesinc.com](http://www.wscarnesinc.com)

**Brandermill Woods Retirement Community**----- 744-1173

14311 Brandermill Woods Trail - Midlothian, VA 23112

[www.brandermillwoods.com](http://www.brandermillwoods.com)

**Heritage Oaks**----- 323-3800

1100 German School Road - Richmond, VA 23225

[www.theallegro.com/heritage.htm](http://www.theallegro.com/heritage.htm)

**Summerhill at Stony Point** ----- 320-8312

9250 Forest Hill Avenue - Richmond, VA 23235

[www.bonsecour.com/maps/summerhill.htm](http://www.bonsecour.com/maps/summerhill.htm)

**The Virginian** ----- 330-4252

300 Twinridge Lane - Richmond, VA 23235

[www.thevirginian.org](http://www.thevirginian.org)

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## INFORMATION AND REFERRAL SERVICES

*These programs are available to provide necessary information and suggestions for referrals. Some of the agencies actually provide direct service.*

**Cancer Hotline**----- 1-800-422-6237

**Chesterfield-Colonial Heights Dept. of Social Services**----- 748-1100

9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832

[www.chesterfield.gov](http://www.chesterfield.gov)

**Chesterfield County Senior Advocate**----- 768-7878

P. O. Box 520 - Chesterfield, VA 23832

[Petersond@chesterfield.gov](mailto:Petersond@chesterfield.gov)

**Citizen Answer Line** ----- 751-INFO (4636)

**Citizens Assistance Office** ----- 646-7000

900 East Broad Street Rm. 109 - Richmond, VA 23219

[www.richmondgov.com](http://www.richmondgov.com)

**Physician Referral - Bon Secours Saint Mary's Hospital**----- 270-3737

5801 Bremono Road - Richmond, VA 23226

**Physician Referral - Henrico Doctors Hospital** ----- 1-800-888-3627

1602 Skipwith Road - Richmond, VA 23229

**Physician Referral - Virginia Dept. of Rehabilitative Services** --- 662-7000

8004 Franklin Farms Drive - Richmond, VA 23288

**Senior Connections, The Capital Area Agency On Aging** ----- 343-3000

24 E. Cary Street - Richmond, VA 23219-----1-800-989-2286

[www.seniorconnections.va.org](http://www.seniorconnections.va.org)

**United Way Information and Referral Center** -----771-5820

[www.yourunitedway.org](http://www.yourunitedway.org)

**Virginia Department for the Aging**----- 662-9333

1600 Forest Avenue - Richmond, VA 23229 ----- 1-800-552-3402

<http://www.aging.state.va.us/>

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## LEGAL SERVICES

*These programs provide a wide variety of legal services. Some can provide legal services; some provide general information regarding your legal rights. None of these should be considered as a substitute for personal legal counsel.*

**AARP** ----- 1-800-424-3410

[www.aarp.com](http://www.aarp.com)

**American Civil Liberties Union of Virginia** ----- 644-8022

6 N. Sixth Street, Suite 400 - Richmond, VA 23219

<http://members.aol.com/acluva>

**Central Virginia Legal Aid Society**----- 648-1012

101 West Broad Street, Suite 101 - Richmond, VA 23220

[www.valegalaid.org](http://www.valegalaid.org)

**Equal Employment Opportunity Commission** ----- 771-2200

830 E Main Street - Richmond, VA 23230

<http://www.eeoc.gov>

**National Association for the Advancement of  
Colored People (NAACP)**-----

321-5678

P.O. Box 27212 - Richmond, VA 23261

<http://www.naACP.virginia.com>

**Virginia Lawyer Referral Service** ----- 775-0808

707 East Main Street, Suite 1500 - Richmond VA 23219 ---- 1-800-552-7977

[www.vsb.org](http://www.vsb.org)

**Virginia Poverty Law Center** ----- 782-9430

201 West Broad Street, Suite 302 - Richmond, VA 23220

<http://www.vplc.org>

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## MEDICAL SUPPLIES AND EQUIPMENT

*These organizations specialize in providing equipment to help you function as independently as possible. The equipment varies from hospital style to assistive items for simple tasks. Some agencies have medical equipment that they will loan to qualified persons. Donations of good quality, used equipment are always welcomed. These companies may accept insurance, Medicare, Medicaid and cash. What is paid for by insurance, Medicare, and/or Medicaid may affect the portion you pay.*

**American Cancer Society** ----- 1-800-277-2345

P.O. Box 6359 - Glen Allen, VA 23060 ----- 527-3710

[www.cancer.org](http://www.cancer.org)

**American Lung Association of Virginia** ----- 267-1900

9221 Forest Hill Avenue - Richmond, VA 23235

**Apria** ----- 271-8171

7401 Whitepine Road - Richmond, VA 23237

**Buford Road Pharmacy, Inc** ----- 272-1423

Cardinal Drug Center 2608 Buford Road - Richmond, VA 23235

**Eckerd Drugs** ----- 748-2151

4408 West Hundred Road - Chester, VA 23831

[www.Eckerd.com](http://www.Eckerd.com)

**General Electric Medical Systems** ----- 1-800-558-5120

8200 West Tower Avenue - Milwaukee, Wisconsin 53223

[www.gemedicalsystems.com](http://www.gemedicalsystems.com)

**Goodwill Industries, Inc.** ----- 745-6300

6301 Midlothian Turnpike - Richmond, VA 23225----- 521-4916  
[www.goodwillrichmond.org](http://www.goodwillrichmond.org)

**Health First**----- 673-6500  
2205 Perl Road - Richmond, VA 23230  
[www.healthfirstmed.com](http://www.healthfirstmed.com)

**Home Care Delivered, Inc. (Incontinence Products)** ----- 1-800-565-5644  
4144A Innslake Drive- Glen Allen, VA 23060  
[www.homecaredelivered.com](http://www.homecaredelivered.com)

**Lincare Inc.**----- 355-2323  
4912 W. Marshall Street - Richmond, VA 23230  
[www.lincare.com](http://www.lincare.com)

**Mobility Center**----- 231-7774  
255 East German School Rd - Richmond, VA. 23224

**Robert's Home Medical Co** ----- 748-0148  
3917 Deep Rock Road - Richmond, VA 23233

**Therapeutic Concepts** ----- 434-577-2780  
P. O. Box 60 – Valentine, VA 23887

**Virginia Assistive Technology System (VATS)** ----- TTY 804-662-9990  
**Dept. Rehabilitative Services** ----- 1-800-435-8490  
8004 Franklin Farms Drive - Richmond, VA 23229 ----- 1-800-552-5019  
[www.vats/vats.org](http://www.vats/vats.org)



*Applications are required and may take up to 45 days for approval. Definite criteria must be met for approval.*

**Chesterfield-Colonial Heights Dept. of Social Services**----- 748-1100  
9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832

**Social Security Office** ----- 1-800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

**Social Security Administration for Chesterfield**----- 744-0227  
13564 Waterford Place - Midlothian, VA 23112

**Chesterfield Office** ----- 744-0227  
13564 Waterford Place - Midlothian, VA 23112

**Petersburg Office**----- 862-8100  
105 Holly Hill Drive P.O. Box 991 Petersburg, VA 23805

**Social Security District Office** ----- 862-6080  
1834 W. Cary Street Richmond, VA 23220

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## MENTAL HEALTH SERVICES

*These agencies provide services to individuals who are experiencing mental health problems, and support services for their families. All require a fee for services. May accept insurance, Medicare or Medicaid payments.*

**Chapman Senior Care**----- 741-7500  
1403 Pemberton Road, Suite 306 - Richmond, VA 23233

**Chesterfield Dept. of Mental Health and Mental Retardation** --- 748-1227  
6801 Lucy Corr Boulevard - Chesterfield, VA 23832

**CJW Medical Center, Chippenham Campus Tucker Pavilion** --- 320-3971  
7101 Jahnke Road - Richmond, VA 23225

[www.cjwmedical.com](http://www.cjwmedical.com)

**Crisis Intervention Team** ----- 748-6356

**Life Solutions**----- 794-9599  
1233 Mall Drive - Richmond, VA 23235

**MCV Hospital-North Hospital** ----- 828-9000  
**MCV Psychiatric-N3** ----- 828-9157  
1200 East Broad Street - Richmond, VA 23298

**Poplar Springs Hospital**----- 748-7490  
350 Poplar Drive - Petersburg, VA 23805  
[www.poplarsprings.com/adolesc.html](http://www.poplarsprings.com/adolesc.html)

**Richmond Community Hospital** ----- 225-1700  
1500 N. 28th Street - Richmond, VA 2322  
[www.bonsecours.com](http://www.bonsecours.com)

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## NURSING HOMES

*These are licensed facilities that provide basic needs including assistance with personal care and nursing supervision. A screening process is required. Stays may be short term for rehab services or long term for life support services. Investigate early.*

**Brandermill Woods Health Care Center**----- 379-7100  
2100 Brandermill Pkwy - Midlothian, VA 23112  
[www.brandermillwoods.com/chesterfield](http://www.brandermillwoods.com/chesterfield)

**Colonial Heights Health Care Center**----- 526-6851  
831 Ellerslie Avenue - Colonial Heights, VA 23834

**Hopewell Health Care Center** ----- 458-6325  
905 Cousins Avenue – Hopewell, VA 23860

**John Randolph Health Care Center** ----- 452-3600  
P. O. Box 1626, 409 West Randolph Road- Hopewell, VA 23860  
[p://johnrandolphmed.com](http://p://johnrandolphmed.com)

**Lucy Corr Village** ----- 748-1511  
6800 Lucy Corr Blvd., P.O. Drawer 170 - Chesterfield, VA 23832

[www.lucycorrvillage.com](http://www.lucycorrvillage.com)

**Willow Creek Health Care Center** ----- 379-4771

11611 Robious Road - Midlothian, VA 23113

[www.laurelsofwillowcreek.com](http://www.laurelsofwillowcreek.com)

*See Nursing Homes in the Yellow Pages*

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## PERSONAL EMERGENCY RESPONSE

*These agencies provide a method of communication for response from emergency personnel.*

**ATD** ----- 1-877-828-1433

**Bon Secours Personal Response System**----- 627-5015

**IVNA Health Watch** ----- 355-7100

**Life Alarm** ----- 1-800-780-5433

**Nightingale**----- 1-800-626-3311

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## PHARMACY/DELIVERY

*All of these listed pharmacies provide delivery services. Check for one near you. Some have limited delivery areas. Check if there is a fee for delivery or if they have a Senior Discount for prescription medications.*

**AARP Pharmacy Service**----- (Mail In Only)-----1-800-456-2277

P. O. Box 1087 - Bensalem, PA 19020-9956

[www.aarppspharmacy.com](http://www.aarppspharmacy.com)

**Bremo-Westhampton Pharmacy Limited**----- 288-8361

2024 Staples Mill Road – Richmond, VA 23230-3109

**Buford Road Pharmacy, Inc** ----- 272-1423

2612 Buford Road - Richmond, VA 23235-3422

(Deliver from Bon Air out to Midlothian Turnpike; some areas excluded)

**Center Pharmacy**-----737-6049

3 West Nine Mile Road - Highland Springs, VA 23045

**Chippenham Medical Center Pharmacy**-----323-8888

7101 Jahnke Road - Richmond, VA 23225

[www.cjwmedical.com](http://www.cjwmedical.com)

**Colonial Pharmacy**-----746-7997

7501 Mechanicsville Turnpike - Mechanicsville, VA 23111

**Eckerd**-----732-8802

847 West Washington Street - Petersburg, VA 23803

[www.eckerd.com](http://www.eckerd.com) (Free delivery-Ettrick and Matoaca)

**Edloe's Professional Pharmacy**-----643-5721

1124 N. 25<sup>th</sup> Street - Richmond, VA 23223-5256

**Grove Avenue Pharmacy**-----355-3405

4911 Grove Avenue - Richmond, VA 23226

**Lafayette Pharmacy, Inc.**-----355-1777

1011 Lafayette Street - Richmond, VA 23221

**Lee-Davis Pharmacy**-----730-9200

7023 Lee Park Road - Mechanicsville, VA 23111

**McGuire Park Pharmacy, Inc.**-----232-5644

3729 E. Broad Rock Road - Richmond, VA 23224

**Metropolitan Pharmacy**-----285-7823

700 W. Grace Street – Richmond, VA 23220

**Midlothian Apothecary**-----794-5592

13502 Midlothian Turnpike - Midlothian, VA 23113

**Professional Pharmacy**-----783-6020

505 W. Leigh Street - Richmond, VA 23220

**Professional Pharmacy South, Inc.** ----- 231-9422  
101 Cowardin Avenue - Richmond, VA 23224

**Sandston Pharmacy**----- 737-2270  
2 W. Williamsburg Road - Sandston, VA 23150-2013

**Ukrop's Pharmacy at Joe's Market** ----- 285-8618  
400 Libbie Avenue - Richmond, VA 23226-2616

**Westbury Pharmacy**----- 285-3428  
8901 Three Chopt - Richmond, VA 23229

**Westwood Pharmacy** ----- 288-1933  
5823 Patterson Avenue – Richmond, VA 23226

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## PHYSICIAN HOUSE CALLS

*These physicians will make house calls to their established patients only.*

**Chesterfield Family Practice**----- 276-9305  
2500 Pocoshock Place - Chesterfield, VA 23235  
[www.chesterfieldfp.com](http://www.chesterfieldfp.com)

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## PHYSICIAN REFERRAL SERVICE

*These programs provide information regarding doctors near you and the specialty you may need.*

**Bon Secours Richmond Call for Health** ----- 359-9355

**CJW Medical Center**-----320-3911  
[www.cjwmedical.com](http://www.cjwmedical.com)

**Columbia/HCA Physician Referral 320-DOCS** ----- 320-3627  
Toll free ----- 1-800-888-3627

**Medical College of Virginia Associated Physicians** ----- 1-800-762-6161  
[www.mcv.org](http://www.mcv.org)

**Referral Service Outside of Richmond** ----- 1-800-888-3627

**Richmond Academy of Medicine** ----- 643-6631  
[www.ramdocs.org](http://www.ramdocs.org)

**Virginia Physician Referral Service** ----- 1-800-468-0199

*See your Yellow Pages for a complete listing.*

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## **PRESCRIPTION ASSISTANCE**

*These companies may be able to provide assistance and/or discounts for prescribed medications.*

**Medicare Prescription Drug Benefit** ----- 1-800-633-4227  
[www.medicare.gov](http://www.medicare.gov)

**Senior Connections, The Capital Area Agency On Aging** ----- 343-3000  
24 E. Cary Street - Richmond, VA 23219 ----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

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## **RESPIRE OR TEMPORARY CARE**

*Respite programs offer you a short break from caregiving duties. The goal is to provide you, the caregiver, with a break from your daily routine of caring for a loved one. Some Assisted Living facilities may also offer respite care.*

**Chesterfield-Colonial Heights Department of Social Services** ----- 748-1100  
P.O. Box 430, 9501 Lucy Corr Circle - Chesterfield, VA 23832

**Family Lifeline** ----- 282-4255  
1518 Willow Lawn Drive - Richmond, VA 23220

[www.family-lifeline.org](http://www.family-lifeline.org)

**Ginter Hall South** ----- 794-7770  
11300 Mall Court - Richmond, VA 23235

**Jewish Family Services**----- 282-5644  
6718 Patterson Avenue - Richmond, VA 23226  
[www.jfsrichmond.org](http://www.jfsrichmond.org)

**Medicaid Approved Respite Care Providers** ----- 748-1975

**Catholic Charities of Greater Richmond**----- 285-5900  
1512 Willow Lawn Drive - Richmond, VA 23230  
[www.cccofvirginia.org](http://www.cccofvirginia.org)

**Senior Connections, The Capital Area Agency On Aging**----- 343-3000  
24 E. Cary Street - Richmond, VA 23219----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**The Courtyard at Lucy Corr Village**----- 748-1511  
6800 Lucy Corr Boulevard P. O. Drawer 170 - Chesterfield, VA 23832  
[www.lucycorrvillage.com](http://www.lucycorrvillage.com)

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## SENIOR CENTERS

*These centers provide activities for individuals who want to get out and be active, but prefer a "club" setting. Services vary with each program, as do the times the programs are offered. Services may include meals, social activities, and information or referral services. Some groups sponsor trips, card games, dances or other social activities.*

**Bensley Community Building Senior Adult Program** ----- 275-5321  
2900 Drewrys Bluff Road - Richmond, VA 23237 ----- 751-4135

**Ettrick Community Building Senior Adult Program**----- 526-5596  
20400 Laurel Road - Ettrick, VA 23803

**Ettrick Friendship Café**----- 526-5497  
P.O. Box 40 - Chesterfield, VA 23832

[www.etrick.combldg@chesterfield.gov](http://www.etrick.combldg@chesterfield.gov)

**New Covenant Presbyterian Church - Friendship Cafe** ----- 271-9416  
6415 Irongate Drive - Richmond, VA 23234

**Senior Center of Richmond at Chesterfield** ----- 594-2339  
1807 Huguenot Road - Midlothian, VA 23113

**The Shepherd's Center of Chesterfield**-----706-6689  
Chester Presbyterian Church, 3424 West Hundred Road - Chester, VA 23831  
[www.shepctrchesterfield.org](http://www.shepctrchesterfield.org)

**YMCA**  
Chester ----- 748-9622  
Manchester ----- 276-9622  
Midlothian ----- 379-5668

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## SENIOR GROUPS

*Services vary with each program, as do the times the programs are offered. Services may include meals, social activities, and information or referral services. Some groups sponsor trips, card games, dances or other social activities.*

**AARP - Chester United Methodist Church Seniors** ----- 748-6006  
12132 Percival Street, P.O. Box 339 - Chester, VA 23831

**Bethany Place Seniors**----- 276-3993  
1501 S. Providence Road - Richmond, VA 23236

**Beulah's Best - Beulah United Methodist Church** ----- 275-2325  
6930 Hopkins Road - Richmond, VA 23234  
[www.beulahumc@erols.com](http://www.beulahumc@erols.com)

**Golden Age Fellowship - Cloverhill Baptist Church**----- 745-0660  
3100 Courthouse Road - Richmond, VA 23236  
[www.cloverhillbaptist.com](http://www.cloverhillbaptist.com)



**Golden Age Ministry - Spring Creek Baptist Church** -----744-3689  
11900 Genito Road - Midlothian, VA 23112

**Grace Lutheran Church Retirees Group** ----- 748-6058  
13028 Harrowgate Road - Chester, VA 23831

**Happy Woodpecker**----- 590-1303  
7401 Woodpecker Road - Chesterfield, VA 23838

**Ivey 39er's - Ivey Memorial United Methodist Church** ----- 526-1350  
17120 Jefferson Davis Highway - Colonial Heights, VA 23834

**Leisure Group - Reville United Methodist Church** ----- 359-6041  
4200 Cary Street Road - Richmond, VA 23221

**Mature Moderns - Ramsey Memorial United Methodist Church** 276-4628  
5900 Hull Street Road - Richmond, VA 23224  
[www.ramseymemorial@rcn.com](http://www.ramseymemorial@rcn.com)

**Midlothian Sr. Center - Mt. Pisgah United Methodist Church** -- 794-5529  
P.O. Box 97, 23111 Mt. Pisgah Drive - Midlothian, VA 23113

**Prime-Timers - St. Edwards Church**----- 272-3130  
8531 Sunview Lane - Richmond, VA 23235

**Prime-Timers - Southside Church of the Nazarene**----- 778-7800  
6851 Courthouse Road - Chesterfield, VA 23832  
[www.southsidenazarene.org](http://www.southsidenazarene.org)

**Providence Retired Club**----- 276-4289  
901 S. Providence Road - Richmond, VA 23236  
[www.gbgm-umc.org/providenceumc](http://www.gbgm-umc.org/providenceumc)

**Road Runners - Second Branch Baptist Church** ----- 739-3460  
12217 Second Branch Road - Chesterfield, VA 23832

**Roving Retirees - St. Augustine's Church** ----- 275-9501  
4400 Beulah Road - Richmond, VA 23234

**St. Mathias Episcopal Church**----- 272-8588

11300 West Huguenot Road - Richmond, VA 23235

**Salisbury Presbyterian Church** ----- 794-5311

13621 Salisbury Road - Midlothian, VA 23113

Retired Men's Service, Senior Choir, Leisure Group

[www.salisburypc.org](http://www.salisburypc.org)

**Senior Friends - HCA Hospitals** ----- 320-3627

**Senior Saints - Clover Hill Baptist Church** ----- 745-0660

3100 Courthouse Road - Richmond, VA 23236

**Senior Sunshine Group - Matoaca Baptist Church** ----- 590-2949

6409 River Road - Matoaca, VA 23803

**Young at Heart Club** ----- 276-3993

1501 S. Providence Road - Richmond, VA 23236

[www.bethanyplace.com](http://www.bethanyplace.com)

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## SENIOR NAVIGATOR CENTERS

*SeniorNavigator is a non-profit organization that combines the Internet with a network of volunteers to provide information about health and aging resources for seniors, their family members and caregivers. The information focuses on senior related issues such as health and aging, financial concerns, legal questions, health care facilities, assisted living and independent housing, fitness programs, support groups and more.*

**SeniorNavigator** ----- 827-1280

600 East Main Street, Suite 360 - Richmond, VA, 23219

[www.SeniorNavigator.com](http://www.SeniorNavigator.com)

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## SOCIAL SECURITY

*Find answers to any questions you may have regarding eligibility and benefits for Medicare and Social Security.*

**Social Security Office** ----- 1-800-772-1213

[www.ssa.gov](http://www.ssa.gov)

**Chesterfield Office** ----- 744-0227

13564 Waterford Place Midlothian, VA 23112

**Petersburg Office**----- 862-8100

105 Holly Hill Drive P.O. Box 991 Petersburg, VA 23805

**Social Security District Office** ----- 862-6080

1834 W Cary Street Richmond, VA 23220

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## SUPPORT GROUPS

*These groups provide opportunities to receive information regarding specific health concerns. Some provide emotional support through counseling and general discussion.*

**AA (Alcoholics Anonymous)** ----- 644-2095

210 N. Madison Street Richmond, VA 23208

**Alliance for the Mentally Ill of Central Virginia** ----- 285-1749

5001 W. Broad Street Richmond, VA

**Alzheimer's Association Greater Richmond Chapter** ----- 967-2580

4600 Cox Rd. Suite 130 Glen Allen, VA 23060-----1-800-598-4673

[www.richmondalzheimers.com.org](http://www.richmondalzheimers.com.org)

**Alzheimer's Association, Petersburg Branch** ----- 518-1293

P. O. Box 1808 – Petersburg, VA 23805

**American Cancer Society** ----- 527-3710

4240 Park Place Court - Glen Allen, VA 23060

[www.cancer.org](http://www.cancer.org) ----- 1-800-227-2345

**American Diabetes Association**----- 225-8038

530 E. Main Street, Suite 200 - Richmond, VA 23219

[www.diabetes.org](http://www.diabetes.org)

**Compassionate Friends** ----- 254-0588

**Depression Support Group - Tucker's Pavilion** ----- 323-8695

7101 Jahnke Road - Richmond, VA 23225

**Greater Richmond Self Help For Hard of Hearing People**-----740-8470

(GRSHH) 1911 Oakway Drive - Richmond, VA 23233

[www.hearingloss.org](http://www.hearingloss.org)

**Lucy Corr Village Health Care Center -**

**Alzheimer's Support Group**----- 748-1511

6800 Lucy Corr Blvd., P.O. Drawer 170 - Chesterfield, VA 23832

**The Lung Club - Virginia Lung Association** ----- 267-1900

9221 Forest Hill Avenue - Richmond, VA 23235

[www.lungusa.org](http://www.lungusa.org)

**Lupus Foundation of America**----- 262-9622

P.O. Box 25448 - Richmond, VA 23260-5418 ----- 1-888-262-9632

**Multiple Sclerosis Society**----- 353-5008

[www.nmss.org](http://www.nmss.org) ----- 1-800-FIGHT-MS

**Parkinson's Disease Support Group** ----- 355-5717

Circle Center Adult Day Services

3900 W. Broad Street, Bldg. 20 - Richmond, VA 23230

[www.circlecenteradultday.org](http://www.circlecenteradultday.org)

**The Stroke Club** ----- 342-4100

**Richmond Stroke and Heart Trauma Club - Sheltering Arms Hospital**

8254 Atlee Road - Mechanicsville, VA 23116

**Virginia Mid-Atlantic Chapter Paralyzed Veterans of America** - 378-0017

11620 Busy Street - Richmond, VA 23236 ----- 1-800-852-7639

[vapvs@aol.com](mailto:vapvs@aol.com)

**YWCA Women's Victim Advocacy** ----- 643-0888

6 N. Fifth Street - Richmond, VA 23219

**YWCA Women's Victim Advocacy - Chesterfield** ----- 796-3066  
[www.ywcarichmond.org](http://www.ywcarichmond.org)

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## **TAX ASSISTANCE**

*These programs help you complete your taxes and provide you information regarding your tax return.*

**AARP -Tax Aid** ----- 379-7926

**Internal Revenue Service** ----- 1-800-829-1040  
(Credit for the Elderly, or Permanently or Totally Disabled)  
[www.irs.gov](http://www.irs.gov)

**Real Estate Tax Relief (Chesterfield County)** ----- 748-1281  
**Commissioner of Revenue**  
P.O. Box 124 - Chesterfield, VA 23832  
[www.chesterfield.va.us/Constitution](http://www.chesterfield.va.us/Constitution)

**Volunteer Income Tax Assistance-VITA** ----- 1-800-829-1040

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## **TOLL FREE NUMBERS**

*This is a list of toll free numbers that may be beneficial to senior or disabled adults.*

**General Telephone Information**----- 1-800-555-1212

**AARP** ----- 1-800-424-3410

**American Council of the Blind** ----- 1-800-424-8666

**American Speech Language Hearing Association**----- 1-800-638-8255

**Arthritis Foundation – Virginia Chapter** ----- 1-800-456-4687

<b>Cancer Hotline</b>	1-800-422-6237
<b>Cancer Information Service</b>	1-800-422-6237
<b>Child Abuse Hotline</b>	1-800-422-4453
<b>Department for Deaf and Hard of Hearing</b>	1-800-552-7917
<b>Department for the Rights of Virginians with Disabilities, Protection &amp; Advocacy</b>	1-800-552-3962
<b>Elder Abuse</b>	1-800-552-3402
<b>Equal Employment Opportunity Reference</b>	1-800-533-1414
<b>General Electric Medical Systems</b>	1-800-472-3666
<b>Greater Richmond Physician Referral Service</b>	1-800-888-3627
<b>Internal Revenue Service</b>	1-800-829-1040
<b>Legal Aid Society, Inc.</b>	1-800-868-1012
<b>Library Resources- Visually Handicapped</b>	1-800-552-7015
<b>Long Term Care Ombudsman Program</b>	1-800-552-3402
<b>Sickle Cell Disease</b>	1-800-421-8453
<b>Social Security</b>	1-800-772-1213
<b>Social Services Child Abuse</b>	1-800-552-7096
<b>Virginia Dept. of Rehab. Services</b>	1-800-552-5019
<b>Virginia Lawyer Referral</b>	1-800-552-7977

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## TRANSPORTATION

*These programs provide transportation to individuals who cannot use public transportation, or need special assistance. Fees may be charged. Check with the provider and your insurance carrier for details. Some utilize volunteer organizations that gladly accept contributions.*

**Access Chesterfield** ----- 271-9451  
Chesterfield County Coordinated Transportation Program

**American Cancer Society** ----- 527-3700  
*For cancer patients, to and from treatment and medical appointments.*

**American Red Cross**----- 780-2250  
420 East Cary Street - Richmond, VA 23219   *Requires two week notice*  
[www.redcross.org](http://www.redcross.org)

**Hampton Transportation Services** ----- 271-7829  
*Wheelchair equipped, two to three days notice.*

**Med Express**----- 935-0647  
*Wheelchair equipped, up to 48 hours notice.*

**Miki's PDT Service** ----- 329-8792  
*Not wheelchair accessible, one day notice.*

**Sevinc** ----- 400-5389  
*Wheelchair equipped, 24-hour notice. Does not accept Medicaid reimbursement.*

**SmartRide** ----- 222-6824  
*Not wheelchair accessible, same day or one day notice.*

**The Shepherd's Center of Chesterfield**-----706-6689  
Chester Presbyterian Church, 3424 West Hundred Road - Chester, VA 23831  
*Not wheelchair accessible, four days notice.*  
[www.shepctrchesterfield.org](http://www.shepctrchesterfield.org)

**The Shepherd's Center of Richmond**-----355-7282  
*Not wheelchair accessible, four days notice.*

**Van Go, Inc. of Richmond**-----voice-----TDD: 261-7388

5805 School Avenue - Richmond, VA 23228  
*Wheelchair equipped, 24-hour notice.*

**VIP & Associates** ----- 329-5000  
*Wheelchair equipped, one to two days notice.*

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## VETERANS

*These organizations provide services to military veterans.*

**McGuire Hospital “The VA Hospital”**

Hunter Holmes McGuire Dept. of Veterans Affairs Medical Center- 675-5000  
1201 Broad Rock Road - Richmond, VA 23249

**AmVets** ----- 231-7150

**Veterans Affairs Department of Benefits & Claims** ----- 1-800-827-1000

**Veterans Affairs Department of Education Benefits**----- 1-800-442-4551

**Veterans Cemeteries**----- 795-2031

**Virginia Department of Veterans Affairs** ----- 786-2261  
807 East Broad Street - Richmond, VA 23804

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## VISION SERVICES

*These programs offer special services or devices to aid the visually impaired.*

**American Council for the Blind in Washington DC** ----- 1-800-424-8666

**Chesterfield-Colonial Heights Department of Social Services** ---- 748-1100  
9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832  
[www.chesterfield.gov/humanservices/socialservices/default.asp](http://www.chesterfield.gov/humanservices/socialservices/default.asp)



**Department for Blind & Vision Impaired**----- 371-3661  
395 Azalea Avenue - Richmond, VA 23227  
[www.dbvi.org](http://www.dbvi.org)

**Homebound Reader Service – Chesterfield County Library** ----- 748-1768  
9501 Lori Road - Chesterfield, VA 23832

**Medical College of Virginia MCV Station** ----- 828-0428  
P.O. Box 209 - Richmond, VA 23219  
[www.mcv.edu](http://www.mcv.edu)

**National Eye Care Project**----- 1-800-222-3937  
[www.eyecareamerica.org](http://www.eyecareamerica.org)

**The Lions Club** (Call Chesterfield Social Services) ----- 748-1100  
[www.lionsclubs.org](http://www.lionsclubs.org)

**The Virginia Voice for the Print Handicapped** ----- 266-2477  
395 Azalea Avenue, P.O. Box 15546 - Richmond, VA 23227

**Virginia Department for the Blind & Vision Impaired** ----- 371-3140  
397 Azalea Ave. - Richmond, VA 23227  
[www.vdbvi.org](http://www.vdbvi.org)

*All Chesterfield County Libraries have resources for the disabled.*

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## **VOLUNTEER OPPORTUNITIES**

*Programs offering opportunities for volunteer service. Opportunities range from driving to answering the phone.*

**AARP** ----- 1-800-424-3410  
    **District Coordinator**----- 794-5278  
    **Community Coordinator** ----- 321-7748

**American Red Cross**----- 780-2250  
420 East Cary Street - Richmond, VA 23219  
[www.redcross.org/va/richmond](http://www.redcross.org/va/richmond)

**Chesterfield County Parks & Recreation Department**----- 748-1623  
6801 Wagners Way, P.O. Box 40 - Chesterfield, VA 23832--- TDD 748-1127

**Chesterfield-Colonial Heights Dept. of Social Services**----- 748-1100  
9501 Lucy Corr Circle, P.O. Box 430 - Chesterfield, VA 23832  
[www.ssa.gov](http://www.ssa.gov)

**Chesterfield County Volunteer Coordinator**----- 751-4142

**Crater District Area Agency on Aging**----- 732-7020  
23 Seyler Drive - Petersburg, VA 23805  
[www.CDAAA.org](http://www.CDAAA.org)

**CJW Medical Center**  
**Volunteer Services** ----- 323-8882  
7101 Jahnke Road - Richmond, VA 23225  
[www.cjwmedical.com](http://www.cjwmedical.com)

**Director of Volunteers** ----- 330-2000  
1401 Johnston Willis Drive - Richmond, VA 23235

**Lucy Corr Village**----- 748-1511  
6800 Lucy Corr Blvd., P.O. Drawer 170 - Chesterfield, VA 23832  
[www.lucycorrvillage.com](http://www.lucycorrvillage.com)

**Meals on Wheels of Greater Richmond** ----- 673-5035  
1600 Willow Lawn Drive - Richmond, VA 23230  
[www.MealsOnWheelsOnline.com](http://www.MealsOnWheelsOnline.com)

**Pocahontas State Park** ----- 796-4255  
10301 State Park Road - Chesterfield, VA 23838

**Retired and Senior Volunteer Program (RSVP)**----- 343-3000  
24 E. Cary Street - Richmond, VA 23219  
[www.seniorconnections-va.org/](http://www.seniorconnections-va.org/)

**Retired Senior Volunteer Program (RSVP) Petersburg** ----- 861-1767  
23 Seyler Drive - Petersburg, VA 23805

**Senior Connections, The Capital Area Agency on Aging** ----- 343-3000  
24 East Cary Street - Richmond, VA 23219----- 1-800-989-2286  
[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**The Shepherd's Center of Chesterfield** ----- 706-6689  
Chester Presbyterian Church; 3424 West Hundred Road - Chester, VA 23831  
[www.shepctrchesterfield.org](http://www.shepctrchesterfield.org)

*Note: For more volunteer opportunities, contact your local hospitals, hospices, assisted living facilities, nursing homes and support groups.*

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## VOTER REGISTRATION

*It is everyone's right and privilege to vote. Contact the registrar's office to learn how to cast a proxy vote if you are unable to go to the voting sites.*

**General Registrar's Office** ----- 748-1471

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## WEBSITES

*These are additional websites that may not have been previously listed in this directory.*

**AARP** ----- [www.aarp.org/destinations/](http://www.aarp.org/destinations/)

**Administration on Aging** ----- [www.aoa.gov](http://www.aoa.gov)

**Aging Well** ----- <http://agingwell.state.ny.us/eatwell/index.htm>

**Centers for Medicare and Medicaid Services** ----- [www.cms.gov](http://www.cms.gov)

**Chesterfield County Government** ----- [www.chesterfield.gov](http://www.chesterfield.gov)

**Consumer Information**----- [www.ftc.gov/ftc/consumer.htm](http://www.ftc.gov/ftc/consumer.htm)

**Diabetic Shoe Website**----- [www.neckcradle.com](http://www.neckcradle.com)

**Eldernet** -----[www.eldernet.com](http://www.eldernet.com)

**Families USA** -----[www.familiesusa.org](http://www.familiesusa.org)

**Food Safety** -----[www.foodsafety.gov/-fsg/sr2/html](http://www.foodsafety.gov/-fsg/sr2/html)

**Medicare** -----[www.medicare.gov](http://www.medicare.gov)

**Medications**-----[www.nlm.nih.gov/medlineplus/druginformation.html](http://www.nlm.nih.gov/medlineplus/druginformation.html)

**Senior Citizens** -----[www.seniorcitizens.com/scams](http://www.seniorcitizens.com/scams)

**Senior Connections, The Capital Area Agency on Aging**  
-----[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**SeniorNavigator** -----[www.seniornavigator.com](http://www.seniornavigator.com)

**U.S. Government** -----[www.firstgov.gov](http://www.firstgov.gov)

**Virginia Center on Aging**-----[www.vcu.edu/vcoa/](http://www.vcu.edu/vcoa/)

**Virginia Department for the Aging**-----[www.aging.state.va.us](http://www.aging.state.va.us)

**Virginia TRIAD** -----[www.vaag.com/protecting/TRIAD](http://www.vaag.com/protecting/TRIAD)

***Prepared by:***

***Chesterfield Council on Aging***

***Directory Committee***

***Susie G. Bridgeman  
Dunlop House Assisted Living***

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***Shelley Brinson***

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***Diane Peterson  
Chesterfield County Senior Advocate***

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***Special Thanks To:***

***CJW Medical Center, Bradford S. Hammer,  
Deputy County Administrator for Human  
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on Aging, and Gail Howerton of Dunlop House.***

***EMERGENCY NUMBERS***

***Fire-----911***

***Police -----911***

**Medical – All Rescue Squads -----911**

## **NON - EMERGENCY NUMBERS**

**Fire-----748-1431**

**Police -----748-1251**

## **RESCUE SQUADS**

**Bensley -----748-6122**

**Ettrick/Matoaca -----590-2104**

**Forest View-----232-8971**

**Manchester-----276-4244**